

**Jeremy White, Lead Pastor July 20 & 23 2023  
Valley Church Week 7 – Maturing in our Media**

**Introduction:**

1 Corinthians 13:11

When I was a child, I spoke as a child, I understood as a child, I thought as a child; but when I became a man, I put away childish things.

**Maturing in Our Media: Three Observations…**

1. Immaturity allows media to put us in a state of \_\_\_\_\_\_\_\_\_

Psalm 46:10; Philippians 4:6-7

1. Immaturity allows media to put us in a state of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

2 Corinthians 10:12

1. Immaturity allows media to put us in a state of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Philippians 4:11-13

* see also Philippians 2:14; 2 Timothy 2:23-24; Proverbs 29:22; 2 Timothy 2:16; Romans 14:19

**Media Maturity: Five Practical Takeaways…**

* Set time \_\_\_\_\_\_\_\_
* Follow, watch and engage people that bring you \_\_\_\_\_\_
* Avoid using media during times that are \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Practice resisting the urge for media and instead spend time with \_\_\_\_\_\_
* Consider taking a media \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**The Big Idea:**

Media, technology and improved communications are blessings from God. But like all blessings, they can be perverted, abused and misused. Let’s not allow media to become an idol in our lives.

**QUESTIONS FOR LIFE GROUPS AND PERSONAL REFLECTION**

**Personal Life:**

1. Share about the ways media is a part of your daily life (social media, internet, TV, podcasts, music, radio, etc.).

**Ponderings:**

1. Describe some of the many ways that media can be used in a wholesome and productive way. Describe some of the ways it can be used toxically, counter-productively or become an idol… Be specific.
2. Maturity involves living a ways that are more wise, helpful, productive, ethical and Christ-honoring than we once did in the past. How have you seen yourself mature in the various uses of media that you engage in?
3. Thinking through the three major points of the weekend message, which have you felt to be most prevalent at seasons of your life and how are you overcoming those things?

* Media putting you in a state of feeling hurried or stressed
* Media encouraging you to play comparison games with others
* Media creating a feeling of discontentment about your life

1. How can each of the following verses be applied to your use of media (especially social media)? *Philippians 2:14; 2 Timothy 2:23-24; Proverbs 29:22; 2 Timothy 2:16; Romans 14:19*

**Promptings:**

1. Of the five takeaways from the weekend message, which could you most benefit from this week?

* Setting time limits
* Engaging with people that bring joy to your life
* Avoiding media and being present in meaningful times
* Exchanging time on media for time with God
* Taking a media sabbatical of some kind