

JESUS IS **BETTER**

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Week 11: A Better Sustenance

Introduction:

Hebrews 5:11-6:3....Keep Moving Forward from “Milk” to “Meat!”

Heb. 5:11-12

Heb. 5:13

Luke 18:9-14

Romans 3:20

Romans 3:27-28

Galatians 2:16

Galatians 3:11

Ephesians 2:8-10

Good works are a _____ of, not a requisite for, our righteousness!

Heb. 5:14

Heb. 6:1-2

Isaiah 26:19

Daniel 12:2

Heb. 6:3

Heb. 10:1

So What? (The Big Idea): A critical part of discipleship is the ability to move forward from the milk of the Old to the solid food of the New. If you are a Gentile, you were never under the Old to begin with. If you are a Jew, God is inviting you to move forward from the **foreshadowing** to the **reality** of Jesus. **We cannot miss this!!!**

SMALL GROUP Q'S

Personal Life:

1. God wants to mold us into fully devoted followers of Jesus...people who are obedient and submitted to the love and leading of His Spirit. Why is the milk of the Old Testament (though it is good) insufficient for instructing believers to live the Christian life? Have you ever been rooted in a religious environment that mixed law with grace? Share about that experience? What affect did it have in your understanding of or relationship with God?

Ponderings:

2. While there is SO much to be discovered about God, humanity, life, salvation, etc. in the Old Testament, why do you think so many Christians struggle to keep it in its proper place contextually?
3. What does it mean, practically speaking, to read and study the Old Testament through the New Covenant lens?
4. In Hebrews 6:2, the author warns them not to go back to the OT teachings on repentance, cleansing rituals, sacrificial practices, and other former ways of thinking. He calls this "milk" as contrasted with the "solid food" or Jesus Christ. How has the OT come even more alive to you since you've begun to read it with the benefit of New Covenant lenses?
5. Why is "rightly dividing the word of truth" (i.e. knowing and applying it in proper context – see 2 Tim. 2:15) so critical to our discipleship process?
6. The author of Hebrews is exhorting them (and us by extension) not to return to a mixture of Old and New. Instead, we are to see the New Covenant teachings of righteousness as the solid food on which to feast! Does this reality help you understand why **grace** is not "shallow" or "beginner doctrine" but in reality, is the "deep end of our faith?" Explain...

Promptings:

7. Do you need to repent (change your mind) about how you've dealt with the Old Testament? Are you willing to dive into the OT better prepared than ever before...fitted with your New Covenant lenses and an appreciation for the fact that the nourishing milk of our faith was always intended to point us to the solid food (Jesus and His New Covenant)? You will experience an amazing new love for the OT if you do!