

DEEP

Conversations with God



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August 4 & 5, 2018
Week 7 - Silence and Solitude

The Example of Jesus...

Mark 1:35

Luke 5:16

Luke 6:12-13

Matthew 14:13

John 6:15

How to Meet with God in Silence and Solitude...

1. Pay close attention to my _____
2. Seek a restful place for both my soul and _____
3. Allow feelings of emptiness to lead me to God's _____
4. Be honest about where I'm at, and let God _____ to me
5. Cultivate a _____ ear
6. Bring the love I receive from God into the lives of _____

SMALL GROUP Q'S

Personal Life:

1. Do you tend to be someone who welcomes an atmosphere of silence and solitude, or do you prefer action and activity? Why do you think this is true about you?

Ponderings:

2. Re-read the Gospel passages from the weekend message. How often have you considered the reality that Jesus so frequently withdrew from the crowds to spend intentional time in solitude with His Heavenly Father? What does this tell us about prioritizing time alone with God?
3. Many people think of "praying" as "speaking to God," but have you ever really thought about silence and listening as a posture of prayer? Do you feel like you prioritize listening for the Holy Spirit's voice, or is this an posture of prayer you'd like to develop more? Explain...
4. Why is the knowing the written Word of God so key in learning to hear and discern the voice of the Holy Spirit in your life?
5. If you set aside even 5-10 minutes a day for the purpose of silence and solitude before God, do you believe could start to discern His voice more confidently? Why or why not?

Promptings:

6. If you are not already in a routine of practicing silence and solitude before God, would you consider the following format for the next 31 days?
 - Read one chapter of Proverbs (5 minutes)
 - Sit quietly before God expecting Him to speak something personal to you through what you read? (5 minutes)