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August 31 & September 3, 2023
Week 5 – Can I Please See Your I.D.?

Introduction:

Four basic identity questions:

- Personhood (Who am I?)
- Origins (Where did I come from?)
- Purpose (Why am I here?)
- Destiny (Where am I going?)

Genesis 1:26-28, 31

Rock-Solid Roots of Identity: Four Realities

Personhood

1. Who am I?

I am a reflection of the glory and _____ of God, a spirit-being with a mind, emotions and will.

Origin

2. Where did I come from?

I am the _____ of God's creation and not an accident.

Purpose

3. Why am I here?

I am here to _____ with God in His stewardship of His cosmos.

Destiny

4. Where am I going?

I am on the _____ toward the restoration of what is fallen.

The Big Idea:

As the Imago Dei (Image of God), you are a minister and missionary, regardless of how you earn a paycheck. Your pulpit is different than someone else's, but your calling is equally sacred. When we know and live from this confidence, we embark upon the path of mental wholeness and healing.

QUESTIONS FOR LIFE GROUPS AND PERSONAL REFLECTION

Personal Life:

1. As succinctly as possible, how would you define or describe the concept of "identity."
2. Why is our sense of identity so deeply connected to our mental fitness? Discuss...

Ponderings:

3. Which of the four major identity questions have you struggled most with in your life and why do you say this?
 - Personhood: Who am I?
 - Origins: Where did I come from?
 - Purpose: Why am I here?
 - Destiny: Where am I going?
4. What are some of the most common false-identities we attach to ourselves in this world? Discuss...
5. Do you believe that affirming a false identity in yourself or someone else is ever a loving thing to do? Why or why not...?

Promptings:

6. What habits are you making or actions are you taking which help in perpetually grounding you in your true, God-given identity?
7. If you lived 24/7/365 as one consciously walking in alignment with God's answers to your personhood, origin, purpose and destiny, how might your mental health be impacted in a positive way? Discuss...